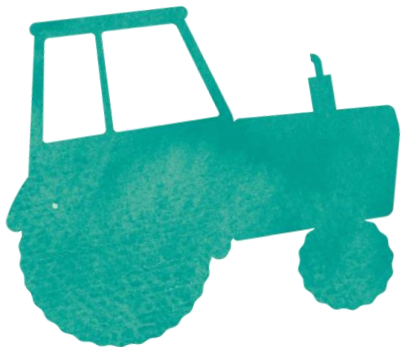




# Food for Life Scotland and Sustainable Public Food Procurement

7 May 2024

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# Food for Life Scotland



Scottish Government  
Riaghaltas na h-Alba  
gov.scot



We want to see good food become the easy choice for everyone – food that's good for health, the environment and the economy.



- 125,000 FFLS meals served daily in Scottish schools
- Almost half of all meals across Scottish primary schools are FFLS
- Expanding to other public sector settings

## FOOD FOR LIFE ACROSS SCOTLAND

### HIGHLAND

9,650 **BRONZE** meals daily in 171 primaries and 59 nurseries (2009)

### ARGYLL & BUTE

3,620 **BRONZE** meals daily in 82 primaries (2014)

### INVERCLYDE

3,470 **BRONZE** meals daily in 20 primaries (2019)

### EAST RENFREWSHIRE

6,600 **BRONZE** meals daily in 23 primaries (2014)

### WEST DUNBARTONSHIRE

5,000 **BRONZE** meals daily in 28 nurseries, 30 primaries, 4 secondaries (2021)

### EAST DUNBARTONSHIRE

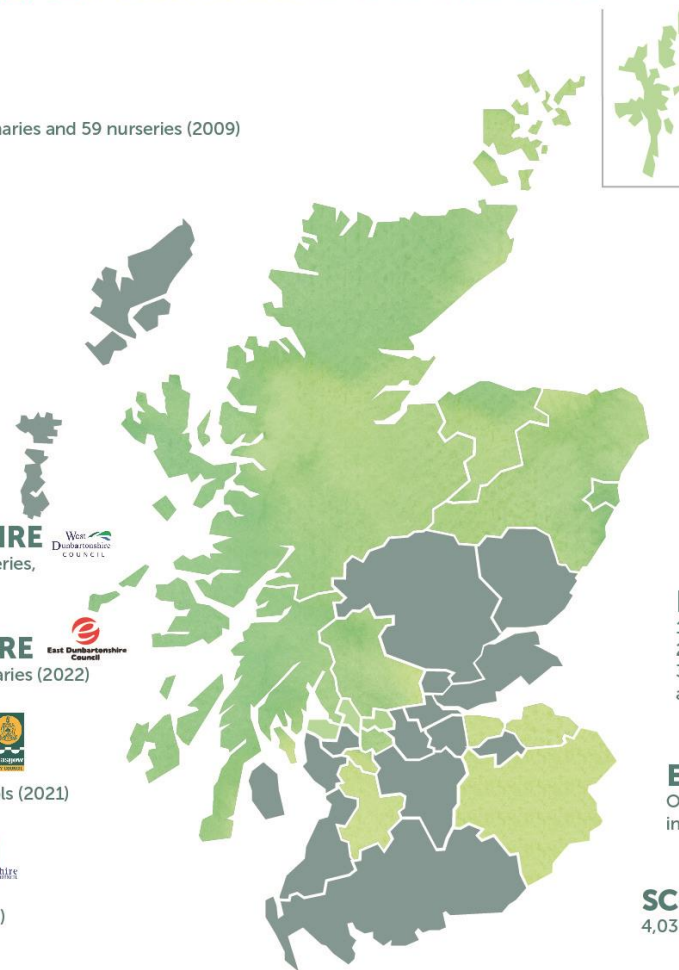
5,800 **BRONZE** meals daily in 32 primaries (2022)

### GLASGOW

34,000 **BRONZE** meals daily in 130 primaries and 7 ASN schools (2021)

### EAST AYRSHIRE

4,600 **GOLD** meals daily in 38 primaries and 10 nurseries (2008)



### SHETLAND ISLANDS

2,000 **BRONZE** meals daily in 3 nurseries, 21 primaries, 5 junior highs and 2 secondaries (2021)



### ORKNEY ISLANDS

1,810 **BRONZE** meals daily in 16 primaries, 3 junior highs and 2 secondaries (2020)



### ABERDEEN CITY

11,040 **BRONZE** meals daily in 48 primaries and 11 secondaries (2015)



### STIRLING

3,140 **SILVER** meals daily in 38 primaries, 30 nurseries and 1 ASN school (2014)

### EDINBURGH CITY

18,870 **BRONZE** meals daily in 87 primaries, 22 secondaries and 11 ASN schools (2016)  
353 **SILVER** meals daily in 1 primary and 1 secondary (2016)

### EAST LoTHIAN

Over 3,000 **SILVER** meals daily in 37 primaries (2013)

### SCOTTISH BORDERS

4,030 **BRONZE** meals daily in 58 primaries (2020)



# Food for Life Served Here



## Food that's good for pupils' health

- A minimum of **75%** of dishes are freshly prepared from unprocessed ingredients.
- Meals meet or go beyond the Scottish Government Nutritional Requirements.
- Menus are free from undesirable additives and artificial trans fats.
- Free drinking water is readily available.
- All cultural and dietary needs are catered for.



## Food that's good for the environment

- Menus make the most of seasonal produce.
- All meat is from farms that meet UK welfare standards.
- No endangered fish are served.
- All eggs are free range.
- Menus do not use genetically modified ingredients.



## Food that's good for the local economy

- Information is displayed about where ingredients have come from.
- Catering staff are trained in fresh food preparation.
- All suppliers are verified to make sure they apply appropriate food safety standards.

# Food for Life Served Here

- source environmentally sustainable and ethical food



- make healthy eating easier

- champion local food producers



# Public Procurement in Scotland



Better Eating, Better Learning  
A New Context for School Food



The Scottish Government

COSLA

The Scottish Government

## Catering for Change

Buying food sustainably in the public sector

# SCOTLAND EXCEL



# Public Procurement in Scotland



>£150M



## Schools and Early Years

~274,000 daily meals

Over 700,000 school pupils and 43,000 early years children



## NHS Boards

~46,500 daily meals

600,000 (1 in 9) Scottish residents admitted to hospital (2021-2022)



## Further and Higher Education

312,000 University and College Students



## Scottish Prison Service

~22,500 daily meals

7,500 people in 15 prisons



## NHS/LA Care Homes

~111,000 daily meals

24,000 beds

# FFLS Training



- Online
- In Person- Bespoke training around seasonality and standards and menu development





# East Lothian go Local and Organic



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**FOOD FOR LIFE**  
Soil Association SCOTLAND

**Making good food the easy choice for everyone**

# BaxterStorey Silver Success



# Give Peas a Chance



- Bridging the Gap funding
- Aberdeen City catering recipe day
- Recipes live on Aberdeen menus



# Good Food Nation and FFLSH

- Draft **National Good Food Nation Plan**: “Number of local authorities with FFLSH” is an indicator in two outcomes
  - Outcome 1: Everyone in Scotland eats well with reliable access to safe, nutritious, affordable, sustainable, and age and culturally appropriate food.
  - Outcome 3: Scotland’s food system encourages a physically and mentally healthy population, leading to a reduction in diet related conditions.
- Public bodies (local authorities and health boards) must produce **local plans** that have regard to the national plan.
- Plans’ progress and effectiveness reviewed every 5 years by new public body, the **Scottish Food Commission**:
  - “Further consideration will be given as to whether there are **public procurement** targets, taking account of the data and legislative restrictions, that could be developed for future iterations of the Plan.”
  - “There is ongoing work to include a suit of **animal welfare** targets, informed by the findings of planned consultations, in future iterations of the National Good Food Nation Plan.”

## **Snapshot Box: As a public caterer in a Good Food Nation**

- I procure healthy, fresh, in-season, and nutritious food to meet the needs of the people using my services
- I recognise the role that food can play in strengthening community ties. I promote and provide healthy, enjoyable, and sustainable options as the norm on my menus
- My procurement choices help to support a variety of producers
- I have reduced avoidable food waste as much as possible, and I ensure that unavoidable food waste is disposed of in a sustainable manner

# Policy Opportunities & Connections



## Local Food Strategy - Local Food for Everyone: Our Journey

- Published January 2024 following consultation in 2021
- Definition for local food
- Pillar Three: Harnessing public sector procurement
  - Update of Catering for Change (2011)
  - FFLS

## Community Wealth Building Bill

- *“to enable more local communities and people to own, have a stake in, access and benefit from the wealth our economy generates”*
- Five pillars of Community Wealth Building
- The bill consultation proposed three options for a duty to advance Community Wealth Building

## Agriculture Bill

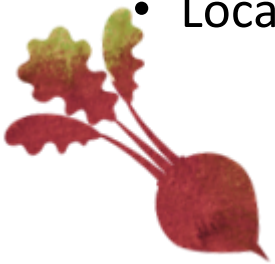
- The ‘overarching objectives’ in part one of the bill include:
  - the adoption and use of sustainable and regenerative agricultural practices
  - the production of high-quality food
  - the facilitation of on-farm nature restoration, climate mitigation and adaptation and
  - enabling rural communities to thrive.
- Opportunity to link more closely to supply chains

*As well as...Scottish Organic Action Plan (forthcoming), Scottish organic land target (to double by 2026), Learning for Sustainability Action Plan, Natural Environment Bill (proposed), Land Reform Bill, etc...*

# How can we develop a sustainable Scottish supply chain into public procurement?



- Investment in public catering budgets
- More strategic, coordinated approach to public sector food and drink data
  - Collect origin information
  - Coordination/collation of relevant data across public sector
  - Regular monitoring and evaluation
- Targets for local, organic and sustainable sourcing
- Greater take up of Food for Life Served Here
- Removing barriers for primary producers to access public procurement opportunities
- Local processing capacity and producer co-ops





# Thank You

**7 May 2024**

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