



# Tamar Grow Local CIC

## Rachael Forster





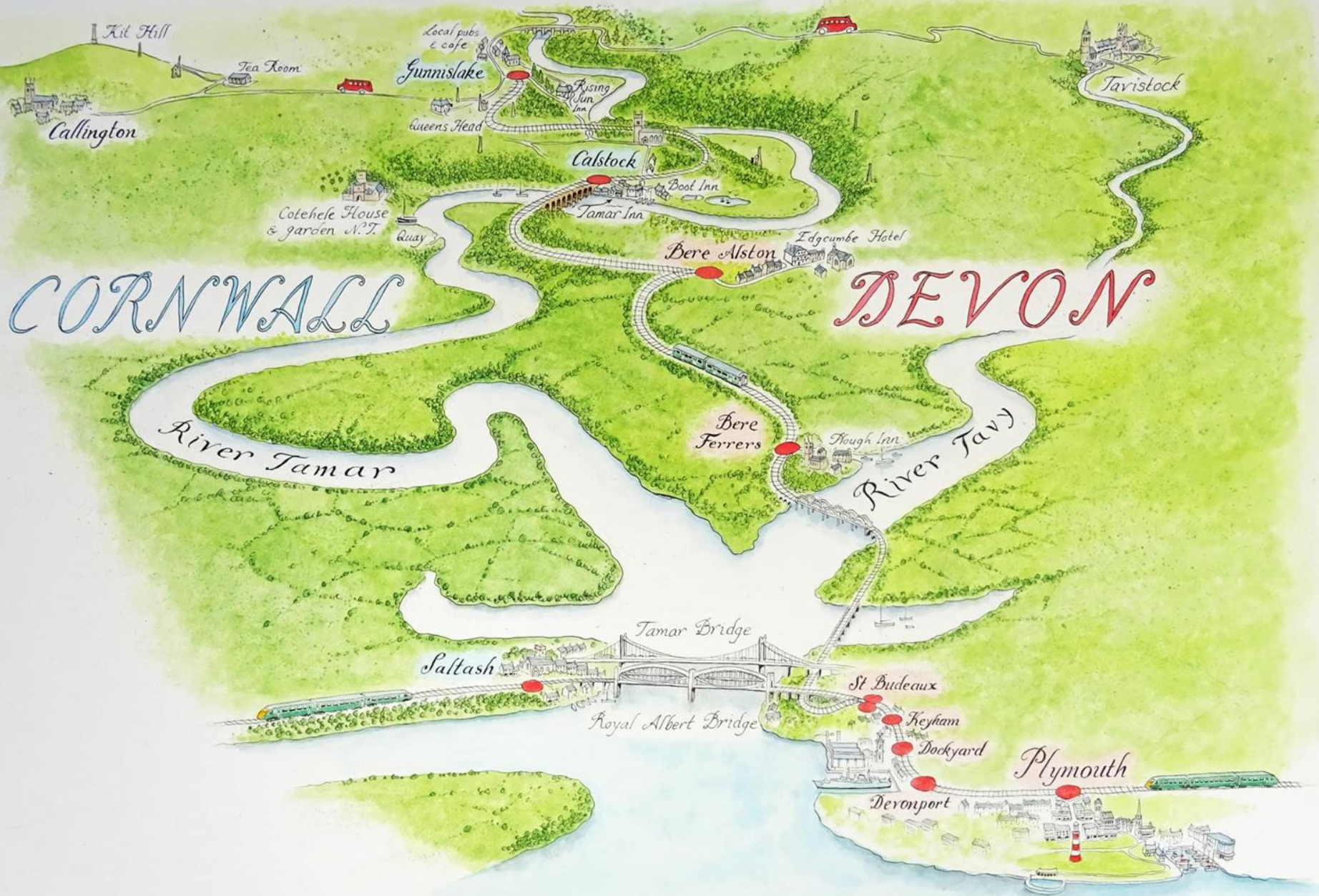


Image: Devon & Cornwall Scenic Railways & Ian Pethers – Glenrock Art Studio





## TGL provides:

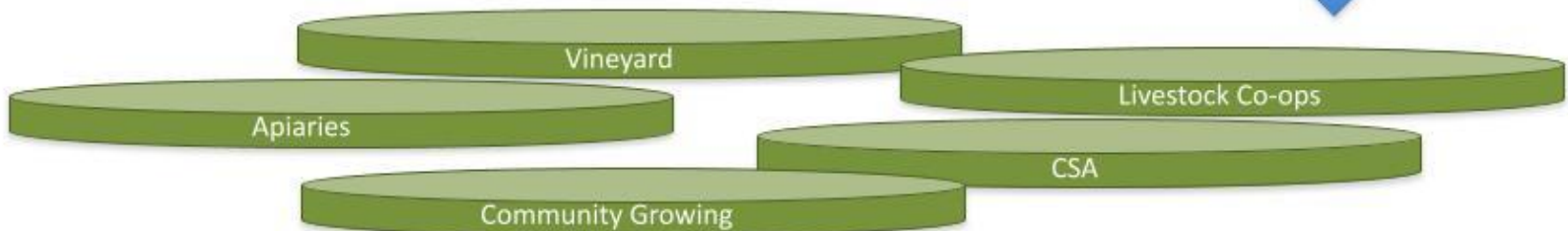
- Collective Identity
- Strategic management
- Shared Insurance
- Shared bank account
- Advice & Experience
- Community



'Second tier'  
projects



'First tier' projects





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## Mill Lane Acres Farmstart

### Vision

- Tamar Grow Local vision to reinvigorate market gardening heritage in the valley.
- Support people moving from community into commercial growing
- Support new generation growers and farmers when land is difficult to find, rent, buy.
- Incubator support - routes to market
- Increase number of agroecological growers in the valley.
- Steeping stone to larger parcels of land / scale-up production

### How?

- Set up in 2015 with Esme Fairbairn funding
- Covered planning advice and applications, legal fees and land agent fees, polytunnels, hand tools, tenant agreements, farmstart co-ordination and set up & mentoring support during funding.
- Landworkers' Alliance Farmstart Network
- Farming in Protected Landscapes in 2022 supported compost loo, cabin and demonstration plot to enable volunteering on-site.



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## Application Process

- Waiting list
- Visit to plot if one comes available
- Invited to submit business plan- template or own
- TGL Board of Directors review business plan
- Agreement created, or signposting for business plan development, training, further experience
- Signing of tenancies and policies
- Tenant on land

### **Future Plans**

- Accredited & non-accredited training on demonstration market garden.



# Tamar Valley Food Hubs

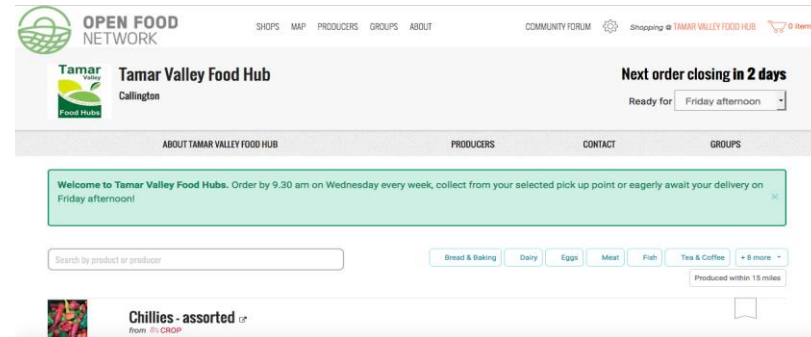


**OPEN FOOD NETWORK UK**

Open source  
International, with CIC in UK  
active hubs / shops in UK,  
.... growing fast

**Tamar Valley Food Hub**  
18% mark-up on local producers  
30% mark-up on wholefoods  
2% of turnover to OFN UK CIC

[www.tamarvalleyfoodhubs.org.uk](http://www.tamarvalleyfoodhubs.org.uk)



## Grow Share Cook - veg bag

Usually 5 items & a recipe

Sourced from:

- Community projects
- Farmstart tenants
- Local growers
- Local aggregator



85% of participants say they now have a healthier diet  
89% of participants say that Grow, Share, Cook has helped improve their cooking skills

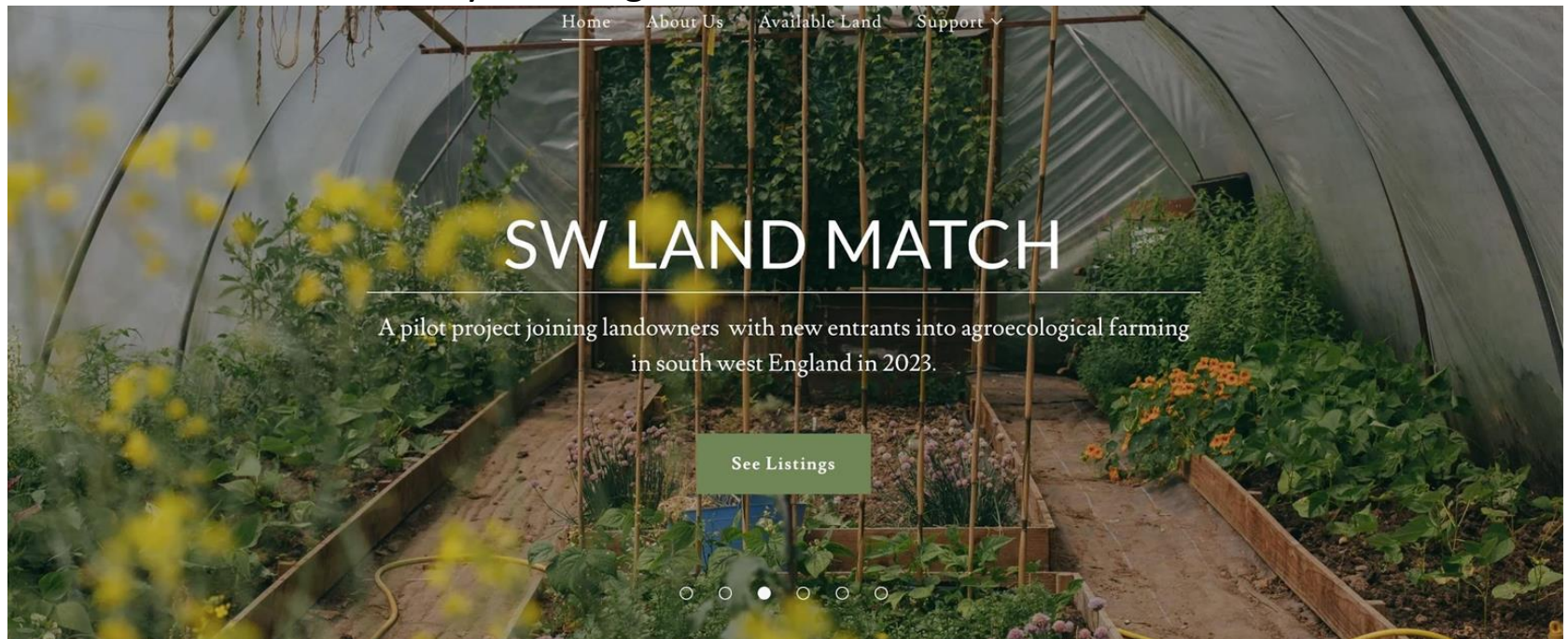
Independent SROI calculation £15.79

2020 short film <https://vimeo.com/478518083>



## SW Land Match

- Evolved from NESS and Farmstart waiting list
- Landowner and landseeker registration
- Resources
- Piloting until end of September 2024 – vision to be launched nationally with regional hubs.







## Contac t

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### Web

Tamargrowlocal.org  
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Tamarvalleyfoodhubs.org.uk

### Socials

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